

ROLLING PRAIRIE

notes from rolling prairie farmers alliance

WEEK OF OCTOBER 18
2009

Coming Up

Late October



In late October we usually have some combination of: apples (but this year is a bad apple year in this region, so probably not), beans, cilantro, garlic, greens, green onions, green tomatoes, herbs, honey, hot peppers, mushrooms, sweet peppers, radishes, rhubarb, salad mix, summer squash, sweet potatoes, tomatoes, and turnips.

Special orders

We still have some **frozen raspberries** available for special orders. 3 pints for \$14.

We also have extra **sweet potatoes** available. These are \$2 per pound.

If you are interested in special orders, email or talk to your site coordinator and he will have them the following week.

Bob Lominska:
rlominska@wildblue.net

Stu Shafer:
sandheron@wildblue.net

Paul Johnson:
pdjohnson@wildflower.net



MICHAEL POLLAN :
IN DEFENSE OF FOOD

FOOD FOR THOUGHT

EAT FOOD * NOT TOO MUCH * MOSTLY
PLANTS

SEASON EXTENSION STRATEGIES

How is it that Rolling Prairie is able to continue to fill subscriber bags to the end of October (and even well into November for some Lawrence members who choose the Late Season Bag)?

One important factor is the multi-grower alliance strategy that has been the hallmark of Rolling Prairie from its start. As we have noted in our descriptive materials, "If one farm gets frosted, hailed out, flooded, dried up, or attacked by grasshoppers, chances are others can take up the slack." That would include frost as well. A couple of us had a frost that killed sensi-

tive crops the first week of October, while others escaped that.

Another strategy is the nearly continuous planting of seasonal crops throughout the year. As we move into Fall, we plant crops that survive and thrive in colder temperatures, such as those you find in your bag now.

We add a final measure of assistance from several technologies that provide some protection from frost. These include specially designed fabric row covers of various weights, as well as unheated ("high-tunnel") and heated greenhouses.



Rolling Prairie Farmers Alliance

2010 Early Enrollment

I'm interested in signing up for Rolling Prairie again next year. Please keep my name on file and contact me in the spring!

Name: _____

Address: _____

email: _____

phone: _____

Rolling Prairie site: _____

Interested in Lawrence Early Bird?

Other people we should contact? (please include name and email or postal address)